

SWEAT NATION

Welcome to Sweat Nation!

Let's start with YOU!! In order to support you, it helps me to know more about YOU and what YOU want out of this.

1. Tell me more about YOU ...
(ex: I'm a mom, married 10yrs, I'm a fulltime RN, live in NYC, etc):
2. What is your Fitness story ?? (ex: I've struggled with my weight for yrs until I found Turbo and lost 30 pounds ..now people ask me what I do! Etc)
3. What are your fitness goals now?? And what is your plan to reach those goals?
4. What about this business excites you and what reservations do you have about it? (if any ☺)
5. Other than helping people with fitness, which is what we ALL want... What are your goals with this business and WHY... why do you need/want this to work?(if you have that thought thru already) (Examples: I would love to be able to replace my fulltime income in 2yrs so that I can be home with my kids and have my own schedule, or I would love to be able to supplement my income, or I would like to just enjoy the discounts ☺)
6. How many hours per day, or per week, do you plan to devote to building your business?
7. What email address do you prefer I use and do you check that regularly?

Please email this back to me with the subject line of the email being “**About Me**” to my email. Thank you and I'm excited to have you!!
