

MONTH 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY										
WEEK 1	Take your "Day 1" pics & stats MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	REST	REST
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WEEK 2	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	REST	REST
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WEEK 3	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	REST	REST
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MONTH 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY										
WEEK 1	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	MAX OUT: <table border="1" style="display: inline-table; width: 40px; height: 20px;"><tr><td>min.</td><td>sec.</td></tr></table>	min.	sec.	REST	REST
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